



## our treatments

initial consultation

the **foot**rescue™

**foot**rescue™ extended

**foot**rescue™ express

SWIFT therapy

toenail surgery

biomechanical

LCN pedique

home visits



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# initial consultation

At **footrescue**™ we pride ourselves on providing the highest quality care and treatment for all our clients. If you would like to know more about our range of treatments, or if you are unsure which treatment would be best for your condition please contact **footrescue**™ clinic on **01202 483848** or email us **appointments@footrescue.co.uk** See our website for further details **www.footrescue.co.uk**

As with any medical treatment, it is important to fully understand the nature of your foot problem and the impact any pre-existing medical conditions may have on the treatments we can provide, as such it is important that your first visit to **footrescue** involves an initial assessment plus any treatment that you require.

In most cases, we can provide this full assessment on your first visit, this costs from **£60** and involves a medical, vascular and neurological evaluation of you and your feet. We will also check your skin and nails for any possible infections or conditions that you may not be aware of and of course we will provide a full treatment to make your feet not only look great, but feel great too.

Following this assessment, we will draw up a treatment plan for your ongoing care, this could include surgery for some long standing skin and nail conditions or a series of visits using some of the most advanced equipment available in Podiatric Medicine today. Where appropriate, we will also write to your GP should we require further tests or medication to treat any conditions we diagnose on your feet. In many cases, we can keep your feet in top condition by providing an ongoing **footrescue** treatment on a regular basis.

We also offer a range of specialist assessments for more complex conditions associated with Dermatology such as Verrucae/Warts, ingrowing Toenails and Musculoskeletal problems including Sports Injuries. We can also offer Urgent Access if you are in pain or concerned about your feet just ask our reception team for help.

For more simple foot problems such as needing help with cutting your nails or just reaching down to your feet we can also offer support from our podiatry assistants or apprentice podiatrists, just ask for details.

[www.footrescue.co.uk](http://www.footrescue.co.uk)



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## the **foot**rescue™

A firm favourite, a thorough treatment that address all the common needs of your feet. Following on from the initial assessment, we can provide this intensive treatment on your first visit to us. we will cut and file your nails and make them look their best, remove any calluses, corns or dry skin and then moisturise the skin to keep with our excellent range of foot creams to keep them in tip top condition

Apprentice Podiatrist - £45  
Experienced Podiatrist - £55

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## footrescue™ extended

For those feet that need a little more care and attention. Put the life back into your feet, the footrescue™ extended provides the same high level treatment as a footrescue™ as well as providing more time for the Podiatrist to address all those little areas that make your feet look a little worse for wear. If you feel you have neglected your feet, why not book a little more time to ensure you get the full benefit of care from our experienced staff.

Apprentice Podiatrist - £65  
Experienced Podiatrist - £80



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## **foot**rescue™ express

Not enough time for a **foot**rescue™? try our **foot**rescue™ express, ideal if you just need a little help with cutting your toenails, or that troublesome corn, this express option will address the most urgent problem without the frills.

Apprentice Podiatrist - £30  
Experienced Podiatrist - £35

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## SWIFT Microwave Therapy for warts and verrucae

SWIFT is a brand new technology, developed in the UK and fast becoming one of the most effective remedies for the treatment of warts and verrucae, indeed 8 out of 10 patients have found full resolution of their warts or verrucae within three visits using SWIFT.

SWIFT uses microwave energy which is delivered through a special probe applied to the skin to treat the affected tissue.

Footrescue are amongst the pioneers in this therapy and have been delivering services since the technology first became commercially available. Jim Leigh is our specialist Podiatrist tasked with treating warts and verrucae, his extensive knowledge and experience has made him one of the leaders in this area of Podiatric Medicine.

Initial assessment and treatment - £120  
Follow up treatments - £90 per visit

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## toenail surgery

Pain free removal of the nail or corners of the nail plate with chemical avulsion of the nail matrix (where the nail grows from) to provide a permanent solution to those annoying ingrown toenails. The procedure is carried out under local anesthetic, which involves a small injection into your toe, although pain is subjective, most of our patients find the injection to be virtually pain free. The cost includes a redressing pack and all your re-dressing appointments following surgery.

from **£350**

depending on site and number of toes involved



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# biomechanical assessment

An assessment of the mechanics of the lower limb and the forces exerted by muscles and gravity on the skeletal structure. This allows our Podiatrists to look at the whole body in terms of posture and movement so as to determine the underlying cause of your symptoms.

At **footrescue™** we believe there is no substitute for experience when it comes to offering patients the very best in biomechanical assessments. We are able to add to that experience with the reassurance of accurate foot measurements using our advanced 3 dimensional foot scanner and "digitsole" in-shoe gait analysis to ensure you get the best possible help for your condition

£110

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## LCN Pedique (Nail replacement system)

LCN Wilde-Pedique Plus is a UV gel specifically for toe nails, developed with the help of Podiatrists. LCN Wilde-Pedique Plus is a gel system designed specifically for toenails. It is an extremely elastic UV gel, which adapts to the movements of the toe. It's unique adhesive properties mean that good results can even be achieved where there is little remaining nail plate or the toenail is deformed. It has anti-fungal properties, the "Plus" is the anti-mycotic agent Olamine Piroctone to protect against fungal infection. LCN Wilde-Pedique Plus is effective on scaly nail surfaces, for correcting ridges and deformities, for hiding discolouration and for the sport enthusiast as a way to protect damaged toenails.

(1 toe) £60

(2 toes) £90

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## home visits available

The reassurance of a properly qualified and experienced foot specialist providing treatment in the luxury of your own home, we bring all the equipment, you just provide the feet.

+ individual visit

£70

+ couples or 2 in same location

£100

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## missed appointments

No-one likes to miss an appointment, and we hate having to apply charges, however we often have lots of people on our holding list waiting for cancellations, we also have fixed costs that need to be paid such as rent and rates. If we didn't try and recover the lost income it will just mean the price of a treatment will keep rising, I hope you understand why we are doing this.

As such if we have less than 24 hours notice, and have not been able to fill the appointment, there will be a charge of £20 applied to your next appointment. If we do manage to fill the appointment with someone from the holding list we will cancel the charge.

If you fail to attend without letting us know in advance we do have to charge the full price of the appointment to cover our costs, however we understand that it is never intentional, as such, please contact us to discuss what happened and depending on the circumstances we will always try to reduce the charge as best as we can.

We can also help by setting reminders such as a phone call the day before your appointment, please let us know if this is of interest to you.

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